# This Agreement is Made Between

Coach, Bob Smith &

Coachee

#### **Coaching Sessions**

#### Weekly Group Sessions

1-on-1 Individual Coaching Sessions (with coaching staff members)

#### Terms

This agreement will begin upon acceptance. The fee for the program is payable in advance.

Please note - the program includes extra coach support. The Coachee commits to attending the weekly group sessions and being prepared to do the deep dive work within those sessions. The Coachee further commits to scheduling the individual coaching sessions in support of your dreams and the changes you'd like to make. Internalizing these concepts is where the transformation will occur.

The client understands that the group sessions will be recorded and may be used in promotional materials.

The services to be provided by the coach to the client are coaching or tele-coaching, as designed jointly with the client. Coaching, which is not advice, therapy or counseling, may address specific personal projects, business successes, or general conditions in the client's life or profession.

# Confidentiality

The coach promises the client that all information provided to the coach will be kept strictly confidential.

# **Coaching Relationship**

Throughout the working relationship, the coach will engage in direct and personal conversations. The client can count on the coach to be honest and straightforward in asking questions and making requests. The client understands that the power of the coaching relationship can be granted only by the client, and the client agrees to do just that: have the coaching relationship be powerful. If the client believes the coaching is not working as desired, the client will communicate that belief and take action to return the power to the coaching relationship.

### Declaration

I understand that I am working with Bob Smith and his team for professional life coaching at the agreed fee and I understand that no refunds will be granted. I also understand that professional coaching is distinctly different from counseling, psychotherapy or psychoanalysis. I agree to fully commit to this journey and coaching process in order to achieve the necessary breakthroughs in my life now.